

NSP Winter GP 2025/26

FINAL Individual Athlete Scores



Position	Bib Number	Team #	Team Name	Name	Gender	Blyth 10K	GP2	GP3	GP4	GP5	GP6	GP7	Worst Score	Score B4 FC	Fairbairn Cup	Total Points
1	226	29	Chatty Runners	Helen Hearn	Female	18	18	12	36	-	162	9	162	93	8	101
2	274	35	Eight Leggy Freaks	Paul Simmons	Male	14	12	2	26	-	67	139	139	121	116	237
6	76	10	Auf Wiedersehen Kate	Ivor Potter	Male	7	23	33	170	-	145	12	170	220	27	247
12	229	29	Chatty Runners	Judith Correia	Female	111	29	24	155	-	36	53	155	253	54	307
3	265	34	The True Blood Blues	Dean O'Brien	Male	5	35	13	99	-	41	47	99	141	170	311
7	125	16	Sgt. Cooper's Maximum Heart Rat	Andrew Foster	Male	6	45	25	170	-	45	116	170	237	85	322
19	143	18	Premature Acceleration	Catriona Rutland	female	210	31	34	95	-	108	36	210	304	25	329
8	190	24	Run Forest Run	Davey Vasey	Male	9	24	41	170	-	35	129	170	238	95	333
10	189	24	Run Forest Run	Amy Anderson	Female	4	97	98	33	-	57	57	98	248	94	342
24	250	32	The Full Claremonty	Anna Round	Female	28	103	75	170	-	84	27	170	317	26	343
20	119	15	Geoffrey's Midnight Runners	Michael Clemmetson	Male	90	146	185	22	-	14	33	185	305	39	344
17	155	20	Rockcliffe B Team	Jason Nash	Male	13	67	60	170	-	91	63	170	294	59	353
30	154	20	Rockcliffe B Team	Graham Hall	Male	38	41	189	2	-	146	103	189	330	33	363
4	10	2	The Little F'ers	Joanna Malia	Female	1	20	67	38	-	174	69	174	195	170	365
16	59	8	Prix is the Magic Number	Tom Knight	Male	31	84	55	45	-	70	93	93	285	88	373
5	175	22	Monkey Runners	Joe Coyne	Male	210	10	27	169	-	2	3	210	211	163	374
25	187	24	Run Forest Run	Cecilia Wilkinson	Female	124	26	32	122	-	90	49	124	319	57	376
11	251	32	The Full Claremonty	Rose Hawkswood	Female	191	101	52	13	-	72	10	191	248	129	377
43	231	29	Chatty Runners	Bredan Abbott	Male	183	167	18	159	-	26	7	183	377	7	384
42	241	31	Train Guys	David Quinn	Male	71	62	65	170	-	141	34	170	373	15	388
47	21	3	Monkey Allsorts	Helen Riding	Female	210	2	200	4	-	176	4	210	386	4	390
34	147	19	The Fast and the Spurious	Matthew Kingston	Male	57	59	200	156	-	34	43	200	349	51	400
52	263	33	Rocks Stars	Lena Webster-Costello	Female	63	200	3	129	-	180	20	200	395	14	409
9	32	4	Your Pace or Mine	Carrie Brooks	Female	197	7	7	168	-	1	62	197	245	170	415
40	104	13	Lightning Seeds	Helen Lilley	Female	82	109	89	80	-	163	13	163	373	44	417
13	259	33	Rocks Stars	David Roberts	Male	3	30	78	64	-	115	79	115	254	170	424
41	126	16	Sgt. Cooper's Maximum Heart Rat	John Kilgannon	Male	210	74	70	88	-	119	22	210	373	55	428
31	153	20	Rockcliffe B Team	Matt Fletcher	Male	102	64	73	164	-	4	90	164	333	96	429
58	225	29	Chatty Runners	Ian Hearn	Male	122	92	171	21	-	168	11	171	414	16	430
45	289	37	Running Late AC	Alex Tang	Male	92	123	133	162	-	17	18	162	383	50	433
39	70	9	Scrambled Legs	Leanne Thomas-Fawcett	Female	47	120	74	66	-	96	82	120	365	73	438
26	87	11	Swift Runners	Lee Watkins	Male	75	43	141	15	-	110	78	141	321	119	440
46	181	23	Done a Runner	Jennifer Rees	Female	210	86	10	170	-	112	6	210	384	60	444

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14	91	12	Happy Soles	Etienne Attalla	Male	21	53	22	114	-	114	65	114	275	170	445
15	64	8	Prix is the Magic Number	Helen Heaney	Female	12	19	36	130	-	83	127	130	277	170	447
62	239	30	Cirque du Sore Legs	Karen Nicholls	Female	210	128	49	84	-	123	41	210	425	28	453
44	121	16	Sgt. Cooper's Maximum Heart Rat	Nathan Cooper	Male	37	210	200	3	-	74	66	210	380	80	460
53	67	9	Scrambled Legs	Phil Dorr	Male	146	54	43	103	-	56	180	180	402	63	465
59	150	19	The Fast and the Spurious	Jake Turney	Male	100	113	54	48	-	132	100	132	415	52	467
57	170	22	Monkey Runners	Andrew Bassett	Male	119	72	125	34	-	129	64	129	414	53	467
29	224	28	GP Unwise but not illegal	Gavin Curley	Male	210	55	17	115	-	25	117	210	329	138	467
67	123	16	Sgt. Cooper's Maximum Heart Rat	Mark Simpson	Male	85	66	200	109	-	144	29	200	433	36	469
18	185	24	Run Forest Run	Angela MacOscar	Female	25	93	30	107	-	133	44	133	299	170	469
28	266	34	The True Blood Blues	Peter Noble	Male	200	5	1	57	-	135	130	200	328	144	472
84	141	18	Premature Acceleration	Laura Hope	female	210	151	137	118	-	21	31	210	458	23	481
21	120	15	Geoffrey's Midnight Runners	Pete Jackson	Male	19	69	35	79	-	109	147	147	311	170	481
22	280	35	Eight Leggy Freaks	Peter Hutchinson	Male	32	1	128	25	-	127	180	180	313	170	483
38	419	8	Prix is the Magic Number	Cara Milne-Redhead	Female	123	210	28	87	-	79	48	210	365	120	485
23	227	29	Chatty Runners	Linda Bartram	Female	156	22	11	149	-	104	30	156	316	170	486
27	19	3	Monkey Allsorts	Anna Aldous	Female	8	8	26	144	-	177	137	177	323	170	493
63	129	17	Whose Team	Huw Parry	Male	77	34	80	160	-	76	180	180	427	70	497
87	159	20	Rockcliffe B Team	Richard Hanley	Male	131	111	152	68	-	103	54	152	467	45	512
32	178	23	Done a Runner	Joan O'Neill	Female	15	11	56	124	-	136	169	169	342	170	512
68	2	1	ChatGP	Mark Barrett	Male	101	56	103	39	-	138	165	165	437	79	516
33	93	12	Happy Soles	Julie Herdman-Burn	Female	2	4	15	170	-	180	157	180	348	170	518
65	197	25	Shreddie Knitters	LLOYD FORSTER	MALE	187	100	48	86	-	98	95	187	427	92	519
55	71	9	Scrambled Legs	Mike Harvey	Male	41	210	62	102	-	23	180	210	408	111	519
35	198	25	Shreddie Knitters	DANIEL CLAYTON	MALE	44	210	23	63	-	39	180	210	349	170	519
60	264	33	Rocks Stars	Tara Hipwood	Female	95	104	61	82	-	75	112	112	417	106	523
78	42	6	Worst Pace Scenario	Jason Smith	Male	158	210	95	70	-	62	67	210	452	72	524
36	406	26	Geoff Capes (RIP) and the Burly Men	Ben Cook	Male	80	106	116	167	-	19	35	167	356	170	526
37	180	23	Done a Runner	Chris Goodman	Male	17	14	200	19	-	180	128	200	358	170	528
66	72	9	Scrambled Legs	Catherine Holland	Female	160	132	167	14	-	69	58	167	433	98	531
112	220	28	GP Unwise but not illegal	Gemma Hood	Female	133	73	200	67	-	180	56	200	509	30	539
69	61	8	Prix is the Magic Number	Becci Ride-Smith	Female	91	112	200	50	-	87	98	200	438	102	540
70	102	13	Lightning Seeds	David Wright	Male	109	65	71	90	-	125	105	125	440	103	543

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86	135	17	Whose Team	Jess Mohon	Female	45	173	96	101	-	46	180	180	461	83	544
129	9	2	The Little F'ers	Marie Haworth	Female	210	210	29	23	-	100	180	210	542	3	545
118	206	26	Geoff Capes (RIP) and the Burly Men	John Cook	Male	210	115	39	170	-	150	50	210	524	22	546
80	48	6	Worst Pace Scenario	Steve McKenzie	Male	42	210	83	170	-	68	92	210	455	91	546
100	56	7	Pimp My Stride	Richard Clough	Male	83	76	200	170	-	126	37	200	492	58	550
127	401	4	Your Pace or Mine	Peter Rendall	Male	210	210	69	49	-	173	40	210	541	12	553
111	81	11	Swift Runners	Clare Swift	Female	98	210	190	170	-	33	16	210	507	49	556
48	177	23	Done a Runner	Rebecca Tindle	Female	74	51	81	170	-	10	180	180	386	170	556
56	182	23	Done a Runner	Linda Bulfin	Female	114	85	63	143	-	49	102	143	413	145	558
123	140	18	Premature Acceleration	Wendy Pawsey	female	154	155	91	91	-	149	51	155	536	24	560
83	234	30	Cirque du Sore Legs	Rich Fawcett	Male	166	186	42	111	-	63	75	186	457	104	561
49	69	9	Scrambled Legs	Jane Ridley	Female	184	13	21	62	-	180	115	184	391	170	561
50	73	10	Auf Wiedersehen Kate	Paul Sherburn	Male	23	47	101	170	-	51	180	180	392	170	562
51	25	4	Your Pace or Mine	Laura Wright	Female	43	189	4	170	-	140	38	189	395	170	565
121	243	31	Train Guys	Chris Waite	Male	126	172	122	40	-	164	81	172	533	40	573
54	217	28	GP Unwise but not illegal	Simon Huntley	Male	53	44	140	10	-	156	180	180	403	170	573
72	41	6	Worst Pace Scenario	Simon Ebbitt	Male	162	134	166	18	-	38	91	166	443	135	578
117	139	18	Premature Acceleration	Lisa Wild	female	66	95	200	125	-	180	52	200	518	62	580
113	80	10	Auf Wiedersehen Kate	Steve Clark	Male	210	127	38	170	-	94	85	210	514	67	581
114	230	29	Chatty Runners	Michael Reed	Male	116	116	102	170	-	97	84	170	515	69	584
108	105	14	We've got the Runs	Ian Dunn	Male	70	58	200	170	-	122	83	200	503	82	585
106	57	8	Prix is the Magic Number	Matt Wilson	Male	182	193	6	116	-	44	153	193	501	84	585
61	167	21	Junkyard Dogs	Andy Pendlebury	Male	52	50	79	58	-	180	180	180	419	170	589
131	430	18	Premature Acceleration	Sarah Clarke	Female	138	210	200	170	-	28	8	210	544	46	590
91	164	21	Junkyard Dogs	David Williams	Male	210	121	84	85	-	89	99	210	478	113	591
120	99	13	Lightning Seeds	Lucy Craig	Female	163	160	126	170	-	61	17	170	527	65	592
101	158	20	Rockcliffe B Team	Rob Pilling	Male	79	210	105	65	-	64	180	210	493	100	593
64	184	23	Done a Runner	Mark Burgess	Male	36	27	14	170	-	180	180	180	427	170	597
137	54	7	Pimp My Stride	Tom Payne	Male	50	60	200	170	-	141	135	200	556	42	598
140	16	2	The Little F'ers	Rachel Heathcote	Female	181	164	110	170	-	73	46	181	563	37	600
94	108	14	We've got the Runs	Paul West	Male	35	210	139	170	-	43	96	210	483	118	601
75	214	27	Keeping up with the Kardashshेरuns	Colin Shilton	MAle	55	49	64	98	-	180	180	180	446	155	601
162	169	22	Monkey Runners	Gillian Bassett	Female	210	119	142	110	-	118	108	210	597	6	603

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74	172	22	Monkey Runners	Bob Dunn	Male	94	42	8	131	-	180	171	180	446	160	606
110	35	5	Run EMC	Natasha Harvey	female	192	70	88	153	-	13	180	192	504	105	609
71	408	12	Happy Soles	Amy Herdman-Burn	Female	84	83	47	47	-	180	180	180	441	170	611
143	133	17	Whose Team	Jenni Ede	Female	96	165	94	138	-	180	76	180	569	43	612
73	77	10	Auf Wiedersehen Kate	Laura Greaves	Female	59	118	31	55	-	180	180	180	443	170	613
125	65	9	Scrambled Legs	David Lopez	Male	177	210	168	35	-	131	26	210	537	77	614
163	113	15	Geoffrey's Midnight Runners	Geoff Blair	Male	188	210	59	60	-	155	136	210	598	17	615
146	63	8	Prix is the Magic Number	Simon Ward	Male	210	130	156	81	-	116	88	210	571	47	618
97	106	14	We've got the Runs	James Anderson	Male	144	135	118	117	-	52	68	144	490	128	618
76	223	28	GP Unwise but not illegal	Deborah Elias	Female	210	124	44	77	-	82	121	210	448	170	618
77	221	28	GP Unwise but not illegal	Sam Fisher	Male	132	33	37	69	-	180	180	180	451	170	621
154	27	4	Your Pace or Mine	Lucy Sutcliffe	Female	137	210	16	154	-	101	180	210	588	34	622
79	3	1	ChatGP	Mark Shorting	Male	153	210	136	30	-	120	14	210	453	170	623
82	82	11	Swift Runners	Colin Winter	Male	46	96	165	170	-	30	119	170	456	170	626
81	12	2	The Little F'ers	Philip Lancaster	Male	48	28	51	170	-	180	159	180	456	170	626
85	171	22	Monkey Runners	Lesley Wylde	Female	120	210	5	170	-	124	39	210	458	170	628
115	5	1	ChatGP	Vicky Simpson	Female	81	137	97	83	-	180	118	180	516	114	630
173	39	5	Run EMC	Iain Johnson	Male	210	192	85	9	-	158	172	210	616	19	635
166	4	1	ChatGP	Peter Ravenhill	Male	140	105	200	170	-	130	59	200	604	32	636
185	11	2	The Little F'ers	Matthew Seed	Male	176	210	161	140	-	161	2	210	640	2	642
88	235	30	Cirque du Sore Legs	Michael Parkinson	Male	26	108	158	113	-	81	144	158	472	170	642
130	199	25	Shreddie Knitters	JOHN SAYER	MALE	16	210	200	73	-	180	73	210	542	101	643
89	30	4	Your Pace or Mine	Sara Pick	Female	125	38	143	29	-	180	140	180	475	170	645
90	405	25	Shreddie Knitters	Caroline Westgarth	FEMALE	141	110	117	170	-	37	71	170	476	170	646
102	18	3	Monkey Allsorts	Justin Heath	Male	155	161	92	31	-	180	55	180	494	156	650
93	253	32	The Full Claremonty	Nicki O'Brien	Female	135	166	108	126	-	50	61	166	480	170	650
92	89	12	Happy Soles	Rachel Inman	Female	72	68	200	170	-	142	28	200	480	170	650
95	66	9	Scrambled Legs	David Clarke	Male	40	78	200	170	-	151	45	200	484	170	654
145	222	28	GP Unwise but not illegal	Matt Gould	Male	121	125	186	170	-	7	146	186	569	87	656
190	138	18	Premature Acceleration	Darren Robinson	male	173	210	200	136	-	113	24	210	646	11	657
96	256	32	The Full Claremonty	Alex Harding	Male	193	154	20	141	-	5	167	193	487	170	657
126	194	25	Shreddie Knitters	Claire Twinn	FEMALE	210	52	182	51	-	95	158	210	538	121	659
157	260	33	Rocks Stars	Laurie Johnson	Male	24	210	200	170	-	121	74	210	589	71	660

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98	411	29	Chatty Runners	Pat Milton	Female	30	210	200	170	-	31	60	210	491	170	661
99	47	6	Worst Pace Scenario	Jennifer Cairns	Female	67	91	76	78	-	180	180	180	492	170	662
189	174	22	Monkey Runners	Gemma Thompson	Female	210	15	200	170	-	180	80	210	645	21	666
124	8	1	ChatGP	Sam Clark	Female	27	39	121	170	-	180	180	180	537	131	668
105	211	27	Keeping up with the Kardashsheruns	Andrew Clarke	Male	210	16	50	72	-	180	180	210	498	170	668
104	111	14	We've got the Runs	Gareth Hurst	Male	210	148	148	53	-	60	89	210	498	170	668
103	20	3	Monkey Allsorts	Julie Dugdale	Female	210	9	112	17	-	180	180	210	498	170	668
149	244	31	Train Guys	Ricky Davidson	Male	198	178	45	170	-	92	94	198	579	90	669
139	207	26	Geoff Capes (RIP) and the Burly Men	Niall Nesbitt	Male	113	98	177	170	-	55	126	177	562	107	669
107	124	16	Sgt. Cooper's Maximum Heart Rat	Jonny Malley	Male	103	170	66	170	-	29	134	170	502	170	672
182	103	13	Lightning Seeds	Kathy Seed	Female	134	210	120	170	-	139	72	210	635	38	673
109	272	34	The True Blood Blues	Harry Mawdsely	Male	64	210	93	170	-	66	110	210	503	170	673
198	130	17	Whose Team	Lee Ash	Male	210	210	200	165	-	9	77	210	661	18	679
167	97	13	Lightning Seeds	Lita Gill	Female	157	117	157	97	-	77	180	180	605	74	679
122	209	27	Keeping up with the Kardashsheruns	Pete Evans	Male	93	75	181	7	-	180	180	181	535	146	681
133	173	22	Monkey Runners	Sam Keys	Male	22	210	46	119	-	180	180	210	547	136	683
134	1	1	ChatGP	Mark Dutton	Male	164	79	154	170	-	20	131	170	548	139	687
201	83	11	Swift Runners	Sarah Johnson	Female	149	210	200	152	-	148	19	210	668	20	688
116	49	7	Pimp My Stride	Helen Leck	Female	210	61	68	52	-	157	180	210	518	170	688
142	156	20	Rockcliffe B Team	Ben Willcox	Male	210	185	132	56	-	169	25	210	567	127	694
208	418	30	Cirque du Sore Legs	Linda Hodgson	Female	210	210	200	170	-	105	5	210	690	5	695
119	193	25	Shreddie Knitters	Heather Gould	FEMALE	10	210	9	146	-	180	180	210	525	170	695
181	58	8	Prix is the Magic Number	Simon Jamison	Male	115	210	183	5	-	159	173	210	635	61	696
207	420	34	The True Blood Blues	Cate Walker	Female	145	210	149	170	-	216	15	216	689	10	699
136	219	28	GP Unwise but not illegal	Lily Crow	Female	128	94	87	87	-	180	155	180	551	149	700
159	248	31	Train Guys	Dayle Stafford	Male	159	147	77	59	-	180	150	180	592	109	701
176	232	29	Chatty Runners	Paula Abbott	Female	29	89	200	170	-	160	180	200	628	75	703
151	112	14	We've got the Runs	Steven Colby	Male	210	181	111	71	-	107	114	210	584	126	710
128	192	24	Run Forest Run	Christine Murphy	Female	58	36	200	170	-	180	97	200	541	170	711
174	412	3	Monkey Allsorts	Chris Armstrong	Male	118	57	200	170	-	154	120	200	619	93	712
132	74	10	Auf Wiedersehen Kate	Vicky Rowson	Female	210	210	150	43	-	32	111	210	546	170	716
135	279	35	Eight Leggy Freaks	Jonny Law	Male	130	139	200	42	-	58	180	200	549	170	719
219	84	11	Swift Runners	Peter Atkinson	Male	179	197	200	170	-	172	1	200	719	1	720

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158	107	14	We've got the Runs	Patrick Houghton	Male	87	81	72	170	-	180	180	180	590	130	720
155	40	5	Run EMC	Deborah Pritchard	Female	210	122	82	170	-	53	161	210	588	137	725
138	145	19	The Fast and the Spurious	Paul Bain	Male	152	141	179	20	-	65	180	180	557	170	727
193	247	31	Train Guys	Leon Garshong	Male	210	107	200	151	-	12	180	210	650	78	728
187	134	17	Whose Team	Wayne Kavanagh	Male	33	129	200	170	-	180	132	200	644	86	730
141	127	16	Sgt. Cooper's Maximum Heart Rat	James Vasey	Male	62	99	134	89	-	180	180	180	564	170	734
150	50	7	Pimp My Stride	Chris Scott	Male	170	182	172	11	-	106	123	182	582	154	736
206	152	19	The Fast and the Spurious	Brian Hall	Male	210	21	200	145	-	143	180	210	689	48	737
144	203	26	Geoff Capes (RIP) and the Burly Men	Michael Gibson	Male	210	46	57	106	-	180	180	210	569	170	739
178	404	32	The Full Claremonty	Roberto Marzo	Male	210	210	131	123	-	59	109	210	632	108	740
147	31	4	Your Pace or Mine	Cheryl Hewitt	Female	185	210	138	135	-	47	70	210	575	170	745
148	7	1	ChatGP	Fran Kavanagh	Female	39	144	200	127	-	180	87	200	577	170	747
184	24	3	Monkey Allsorts	Matthew Steanson	Male	210	77	200	170	-	88	104	210	639	110	749
217	26	4	Your Pace or Mine	John Sutcliffe	Male	69	210	163	120	-	180	180	210	712	41	753
177	269	34	The True Blood Blues	Janet Palmer	Female	150	71	86	170	-	152	180	180	629	125	754
152	196	25	Shreddie Knitters	Kelly Woodriddle	FEMALE	20	210	200	170	-	15	180	210	585	170	755
153	165	21	Junkyard Dogs	Adam Smith	Male	210	37	19	170	-	180	180	210	586	170	756
156	131	17	Whose Team	Kath Richards	Female	11	48	200	170	-	180	180	200	589	170	759
192	45	6	Worst Pace Scenario	Andy Thompson	Male	110	210	147	170	-	180	42	210	649	112	761
171	273	35	Eight Leggy Freaks	Jonathan Boxshall	Male	117	142	200	112	-	117	122	200	610	153	763
160	409	13	Lightning Seeds	Colin Brown	Male	210	210	192	1	-	22	170	210	595	170	765
161	186	24	Run Forest Run	Kate Stephenson	Female	34	210	174	28	-	180	180	210	596	170	766
188	202	26	Geoff Capes (RIP) and the Burly Men	Rory McConnachy	Male	97	87	124	170	-	180	166	180	644	124	768
238	417	2	The Little F'ers	Robyn Ferguson	Female	210	210	200	170	-	153	23	210	756	13	769
211	416	2	The Little F'ers	Jim Richardson	Male	210	82	200	105	-	134	180	210	701	68	769
165	117	15	Geoffrey's Midnight Runners	Kate Robson	Female	210	210	200	6	-	6	180	210	602	170	772
164	79	10	Auf Wiedersehen Kate	Paddy Drought	Male	169	210	173	12	-	147	101	210	602	170	772
168	132	17	Whose Team	Jamie Finlay	Male	51	32	200	163	-	180	180	200	606	170	776
169	37	5	Run EMC	Michael Parkinson	male	190	156	53	170	-	48	180	190	607	170	777
170	414	32	The Full Claremonty	Zoe Jukes	Female	49	187	200	170	-	180	21	200	607	170	777
223	53	7	Pimp My Stride	Alex Newell	Male	210	90	200	170	-	86	180	210	726	56	782
180	22	3	Monkey Allsorts	Heather Lambert	Female	61	210	130	96	-	180	168	210	635	147	782
237	233	30	Cirque du Sore Legs	John Lavender	Male	174	210	200	170	-	178	32	210	754	29	783

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Position	Bib Number	Team #	Team Name	Name	Gender	Blyth 10K	GP2	GP3	GP4	GP5	GP6	GP7	Worst Score	Score B4 FC	Fairbairn Cup	Total Points
172	68	9	Scrambled Legs	Jane Kingston	Female	76	183	200	166	-	8	180	200	613	170	783
191	262	33	Rocks Stars	Nina Jensen	Female	175	80	200	133	-	80	180	200	648	142	790
179	161	21	Junkyard Dogs	Dan Venner	Male	210	175	200	24	-	54	180	210	633	158	791
175	163	21	Junkyard Dogs	Phil Rees	Male	210	3	200	61	-	180	180	210	624	170	794
209	237	30	Cirque du Sore Legs	Andrew Wilson	Male	210	210	200	137	-	3	141	210	691	117	808
183	166	21	Junkyard Dogs	Claire Harlow	Female	210	63	200	93	-	102	180	210	638	170	808
221	115	15	Geoffrey's Midnight Runners	Cliff Veitch	Male	180	174	178	170	-	18	180	180	720	89	809
186	15	2	The Little F'ers	Dan Nelson	Male	143	210	106	32	-	180	180	210	641	170	811
204	407	31	Train Guys	Ruth Oldham	Female	210	88	200	54	-	180	160	210	682	143	825
195	285	37	Running Late AC	Alex Bellew	Male	68	210	115	170	-	180	124	210	657	170	827
194	36	5	Run EMC	David Crowe	female	210	198	200	8	-	71	180	210	657	170	827
215	146	19	The Fast and the Spurious	Andr Robertsson	Male	210	40	200	139	-	180	148	210	707	122	829
196	88	11	Swift Runners	Rory Sewell	Male	147	162	127	44	-	180	180	180	660	170	830
225	144	18	Premature Acceleration	Stephanie Taylor	female	210	179	200	76	-	99	180	210	734	97	831
197	44	6	Worst Pace Scenario	Rose King	Female	171	163	159	16	-	180	152	180	661	170	831
199	240	30	Cirque du Sore Legs	Quynh Nguyen	Female	99	176	104	104	-	180	180	180	663	170	833
222	122	16	Sgt. Cooper's Maximum Heart Rat	Gavin Holder	Male	78	210	200	170	-	93	180	210	721	115	836
200	33	5	Run EMC	Alison Smith	female	104	152	109	121	-	180	180	180	666	170	836
240	215	27	Keeping up with the Kardashsheruns	Gareth Gwynette	Male	210	210	191	170	-	11	180	210	762	76	838
202	290	37	Running Late AC	Louis Gardner	Male	127	153	200	170	-	42	180	200	672	170	842
203	191	24	Run Forest Run	Danielle Bell	Female	151	17	200	170	-	167	174	200	679	170	849
205	75	10	Auf Wiedersehen Kate	Jonny Rowson	Male	210	102	90	132	-	180	180	210	684	170	854
212	38	5	Run EMC	Natalie Mortimer	female	196	180	200	170	-	24	133	200	703	159	862
224	109	14	We've got the Runs	Gavin Duke	Male	73	131	200	170	-	180	180	200	734	133	867
210	86	11	Swift Runners	Kristy Wonders	Female	210	145	164	170	-	40	180	210	699	170	869
214	162	21	Junkyard Dogs	Andrew Phillips	Male	210	210	200	37	-	78	180	210	705	170	875
213	17	3	Monkey Allsorts	Sean Keddy	Male	118	57	200	170	-	180	180	200	705	170	875
269	276	35	Eight Leggy Freaks	Craig Mulvaney	Male	210	140	180	170	-	180	180	210	850	31	881
216	255	32	The Full Claremonty	Yana Bevan	Female	210	199	58	94	-	180	180	210	711	170	881
218	179	23	Done a Runner	Caroline Knight	Female	210	25	200	148	-	180	164	210	717	170	887
220	258	33	Rocks Stars	Mark Anderson	Male	210	150	119	128	-	180	142	210	719	170	889
230	267	34	The True Blood Blues	Aaron Mansell	Male	178	171	169	170	-	128	106	178	744	152	896
264	60	8	Prix is the Magic Number	Georgina Barlow	Female	142	195	188	170	-	180	156	195	836	64	900

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276	43	6	Worst Pace Scenario	Adam Downie	Male	210	177	200	170	-	165	180	210	892	9	901
226	278	35	Eight Leggy Freaks	Jack Taylor-Burns	Male	210	210	129	92	-	180	125	210	736	170	906
227	23	3	Monkey Allsorts	Emma White	Female	89	210	123	170	-	180	180	210	742	170	912
228	216	27	Keeping up with the Kardashsheruns	Tina Diddee	Female	139	143	200	100	-	180	180	200	742	170	912
241	200	25	Shreddie Knitters	ALAN AMIS	MALE	186	136	114	170	-	180	163	186	763	150	913
229	151	19	The Fast and the Spurious	John Dobson	Male	210	157	200	27	-	180	180	210	744	170	914
231	13	2	The Little Fers	Dave Hudson	Male	210	82	200	105	-	180	180	210	747	170	917
232	6	1	ChatGP	Daryl Cooke	Male	129	210	184	170	-	180	86	210	749	170	919
233	242	31	Train Guys	Paul Harris	Male	54	210	200	170	-	180	145	210	749	170	919
235	268	34	The True Blood Blues	Julie Cross	Female	210	133	99	158	-	180	180	210	750	170	920
234	188	24	Run Forest Run	Krinzia De Rosa	Female	60	210	160	170	-	180	180	210	750	170	920
236	114	15	Geoffrey's Midnight Runners	Simon Wells	Male	172	210	175	46	-	180	180	210	753	170	923
249	34	5	Run EMC	Claire Adams	female	199	196	176	41	-	271	180	271	792	134	926
239	228	29	Chatty Runners	Jennie Doig	Female	30	210	200	170	-	180	180	210	760	170	930
242	252	32	The Full Claremonty	Tom Finstey	Male	49	187	200	170	-	180	180	200	766	170	936
243	46	6	Worst Pace Scenario	Richard Aird	Male	210	201	40	170	-	180	180	210	771	170	941
272	157	20	Rockcliffe B Team	Peter Wallis	Male	210	194	155	170	-	180	180	210	879	66	945
244	415	32	The Full Claremonty	Terry Franklin	Male	136	114	200	170	-	179	180	200	779	170	949
245	254	32	The Full Claremonty	Anton Mirafarsari	Male	136	114	200	170	-	180	180	200	780	170	950
246	208	26	Geoff Capes (RIP) and the Burly Men	Andrew Lawrence	Male	56	210	200	170	-	180	180	210	786	170	956
247	149	19	The Fast and the Spurious	Keith Patterson	Male	210	210	146	74	-	180	180	210	790	170	960
248	292	37	Running Late AC	Ollie Oldham	Male	106	210	200	134	-	170	180	210	790	170	960
256	55	7	Pimp My Stride	Merlin Duff	Male	210	210	100	170	-	180	154	210	814	148	962
250	204	26	Geoff Capes (RIP) and the Burly Men	James MacLeod	Male	112	210	151	170	-	180	180	210	793	170	963
251	287	37	Running Late AC	Ed Taylor	Male	65	210	200	170	-	180	180	210	795	170	965
253	275	35	Eight Leggy Freaks	Colin Rogerson	Male	210	159	107	170	-	180	180	210	796	170	966
252	28	4	Your Pace or Mine	Sarah Raine	Female	210	184	200	150	-	111	151	210	796	170	966
254	136	17	Whose Team	Michael Gilboy	Male	107	210	200	170	-	180	143	210	800	170	970
266	85	11	Swift Runners	Simon Dunn	Male	168	210	144	170	-	180	180	210	842	132	974
258	110	14	We've got the Runs	Alex Black	Male	88	210	200	170	-	180	180	210	818	157	975
255	257	33	Rocks Stars	Paul Robinson	Male	210	210	135	108	-	180	180	210	813	170	983
257	288	37	Running Late AC	Kevin Hood	Male	86	210	200	170	-	180	180	210	816	170	986
259	270	34	The True Blood Blues	Luke O	Male	108	210	200	157	-	180	180	210	825	170	995

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260	118	15	Geoffrey's Midnight Runners	Andy Scurr	Male	165	168	200	170	-	180	149	200	832	170	1002
262	277	35	Eight Leggy Freaks	Dave Hartis	Male	210	158	145	170	-	180	180	210	833	170	1003
261	148	19	The Fast and the Spurious	Graham Harrison	Male	210	190	113	170	-	180	180	210	833	170	1003
263	286	37	Running Late AC	Stephen Hall	Male	105	210	200	170	-	180	180	210	835	170	1005
265	95	12	Happy Soles	Lesley Sinclair	Female	210	210	170	170	-	180	107	210	837	170	1007
268	213	27	Keeping up with the Kardashsheruns	Dave Huscroft	Male	189	126	200	170	-	180	180	200	845	170	1015
267	413	10	Auf Wiedersehen Kate	Mark Robinson	Male	210	210	200	170	-	85	180	210	845	170	1015
270	218	28	GP Unwise but not illegal	Stephen Walker	Male	148	210	200	170	-	171	180	210	869	170	1039
273	205	26	Geoff Capes (RIP) and the Burly Men	Alex Cook	Male	210	149	200	170	-	180	180	210	879	170	1049
271	142	18	Premature Acceleration	Cat Johnston	female	210	191	200	170	-	180	138	210	879	170	1049
274	210	27	Keeping up with the Kardashsheruns	Rebecca Cairns	Female	210	188	200	142	-	180	180	210	890	170	1060
275	116	15	Geoffrey's Midnight Runners	David Newman	Male	161	210	200	170	-	180	180	210	891	170	1061
277	52	7	Pimp My Stride	Stephen Foggin	Male	210	210	162	170	-	180	180	210	902	170	1072
278	160	20	Rockcliffe B Team	James Thompson	Male	210	210	200	147	-	180	180	210	917	170	1087
279	261	33	Rocks Stars	Holly Porter	Female	194	210	200	170	-	175	180	210	919	170	1089
280	245	31	Train Guys	Marc Oldham	Male	210	210	200	170	-	180	162	210	922	170	1092
281	92	12	Happy Soles	Craig Scope	Male	195	210	200	170	-	180	180	210	925	170	1095
290	168	21	Junkyard Dogs	Paul Seed	Male	210	210	200	170	-	180	180	210	940	161	1101
289	128	16	Sgt. Cooper's Maximum Heart Rat	Charlie Townsend	Male	210	210	200	170	-	180	180	210	940	162	1102
288	100	13	Lightning Seeds	Angela Brown	Female	210	210	200	170	-	180	180	210	940	170	1110
282	14	2	The Little F'ers	Clair Southern	Femate	210	210	200	170	-	180	180	210	940	170	1110
287	98	13	Lightning Seeds	Fraser Gill	Male	210	210	200	170	-	180	180	210	940	170	1110
286	96	12	Happy Soles	Graham Crammond	Male	210	210	200	170	-	180	180	210	940	170	1110
284	78	10	Auf Wiedersehen Kate	Jade Milton	Femate	210	210	200	170	-	180	180	210	940	170	1110
295	291	37	Running Late AC	Jim Thompson	Male	210	210	200	170	-	180	180	210	940	170	1110
293	212	27	Keeping up with the Kardashsheruns	Matt Morris	Male	210	210	200	170	-	180	180	210	940	170	1110
283	51	7	Pimp My Stride	Michael Bradley	Male	210	210	200	170	-	180	180	210	940	170	1110
285	90	12	Happy Soles	Michael Kane	Male	210	210	200	170	-	180	180	210	940	170	1110
292	183	23	Done a Runner	Rachel Davies	Female	210	210	200	170	-	180	180	210	940	170	1110
294	236	30	Cirque du Sore Legs	Spencer Brown	Male	210	210	200	170	-	180	180	210	940	170	1110
291	176	22	Monkey Runners	Suzanne Crozier	Female	210	210	200	170	-	180	180	210	940	170	1110